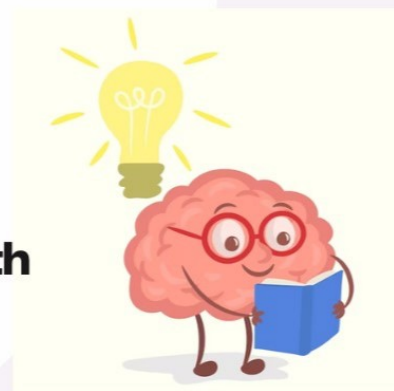


# Free Class!



# Boost Your Brain and Memory

- A holistic approach to improving brain health.
- Evidence-Based
- Implement new habits to maintain cognitive health
- Enhance your memory performance



This 8-week, 90 minutes class will be offered at the Lakes Country Library  
15235 State Hwy 32, Lakewood, WI 54138

This Class will meet Monday *August 19th- October 14th* from 1:00-2:30pm.  
Class is limited to 12 participants.

Light Refreshments will be provided.

**For questions or To Register . Please call**

**Ericka at 715-526-4712**

