**Minutes** 



## **ADRC Governing Board Meeting**

### Tuesday, September 10, 2024 @ 1:00 PM Stockbridge-Munsee Health & Wellness Center W12802 County Rd A, Bowler WI 54416

- <u>Members Present:</u> Carolyn Barke, Stephanie Holman, Anne Miller, Forrest Perez, Lynnell Perez, Terrie Terrio, Melissa Wescott
- **Members Absent:** Kevin Conradt, Carolie Miller, Benjamin Warrington
- Others Present:Kim Wolfmeyer ADRC Director, Ericka Kowalkowski Dementia<br/>Care Specialist, Katie Stanek Information and Assistance Specialist,<br/>Melissa Rosenow Elder Benefit Specialist, Kristine Tuma Fiscal<br/>Support Specialist

### 1. Call meeting to order.

Called to order at 1:05 pm by Chairperson Holman.

### 2. Approve minutes from previous meeting.

Motion made by A. Miller, second by Wescott, to approve the June 11, 2024 minutes. All aye. Motion carried.

### 3. Motion to deviate from the order of the agenda, if necessary.

Motion made by Terrio to deviate from agenda if necessary. Second by A. Miller. All aye. Motion carried.

## 4. Introduction of new ADRC staff members.

Ericka Kowalkowski is the newly hired Dementia Care Specialist. Ericka has previous work experience with ThedaCare and Menominee Tribal Aging and Long-Term Care. Ericka started employment with the ADRC in January and is working throughout the region.

Katie Stanek is the newly hired Information and Assistance Specialist. Katie began working with the ADRC in August and will be primarily located in the Oconto County office.

It was noted that Barke joined the meeting at 1:12 pm.

## 5. Presentation - Dementia Care Specialist.

Dementia Care Specialist, Ericka Kowalkowski, presented information to the Board on Dementia Care programming. The annual caregiver conference will be held on October 30 at Shawano County Human Services and on November 5 at the Oconto Falls Senior Center. Dementia Care Specialists provide dementia friendly business training to local businesses to help workers better understand dementia and explore different ways they can take action to create a safe and welcoming environment for those living with dementia. Interested businesses can call the ADRC for more information.

## 6. Presentation - Medicare and open enrollment.

Melissa Rosenow, Elder Benefit Specialist with the ADRC, presented information to the Board regarding Medicare and the open enrollment period. The Medicare open enrollment period begins on October 15 and goes through December 7. Melissa provided the up-to-date information and changes to Medicare. Individuals who are interested in reviewing or changing their Medicare plans are encouraged to contact the ADRC to schedule an appointment.

It was noted that Melissa, Ericka, and Katie left meeting at 1:39 pm.

# 7. Discussion and possible approval to changes of the ADRC organizational structure.

The ADRC Director presented information to the Board regarding the possible integration of the ADRC and Shawano County Aging. After a discussion, A. Miller motioned to approve changes to the ADRC organization structure and support the integration of the Shawano County Aging Unit and the ADRC of the Wolf River Region. Second by F. Perez. All aye. Motion carried.

### 8. ADRC 2025 budget.

The 2025 budget was handed out for all Board members to review and discuss. This budget does have a federal match rate. The ADRC has no tax levy. Original agenda item stated 2024 in error, but the budget that was reviewed is for 2025.

### 9. SAMS Report - Information & Assistance.

The ADRC Director presented information regarding customers served by ADRC staff. In the month of August 2024, Information and Assistance Specialist (I&A) staff members had 857 contacts with persons or organizations in our service area. Common topics included in-home care services, public benefits, and housing.

### **10.** Benefit Specialists Reports.

The ADRC Director presented information regarding the number of contacts the Disability Benefits Specialists (DBS) had in the month of August 2024. The DBS workers had 161 open cases. The most common assistance provided is assistance with the Social Security Disability application process and understanding healthcare benefits.

The Elder Benefit Specialist (EBS) had 63 open cases in the month of August 2024. The most common assistance provided included assistance with disability applications, health insurance benefits, income benefits, and Medicare information.

The Dementia Care Specialists are offering multiple educational trainings and caregiver programs. Currently, the programs being offered include caregiver support groups, monthly Alzheimer education classes, Powerful Tools for Caregivers, and memory cafes.

### **11.** Aging and Disability Resource Center status report.

At the upcoming December Governing Board meeting, unmet needs will be a topic of discussion.

### **12.** Per diem and mileage approval for today's meeting.

Motion made by Terrio, second by Wescott, to approve the per diem and mileage for the September 10, 2024 Governing Board meeting. All aye. Motion carried.

# **13.** Committee member comments or new business to be considered at a future meeting.

Unmet needs.

#### 14. Set next meeting date.

The next tentative ADRC Governing Board meeting will be held on Tuesday, December 10, 2024, at 1:00 pm in Shawano County.

### 15. Adjournment.

Motion to adjourn the meeting made by A. Miller. Second by Barke. Holman adjourned the meeting at 2:28 pm.

Recorded by: Kristine Tuma, Fiscal Support Specialist